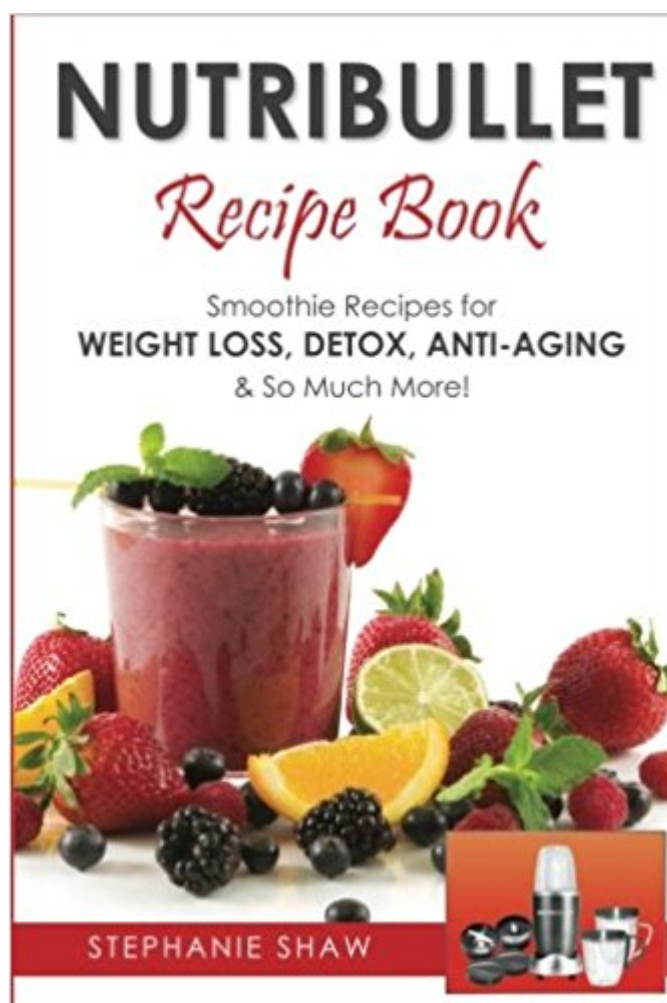


The book was found

Nutribullet Recipe Book: Smoothie Recipes For Weight-Loss, Detox, Anti-Aging & So Much More!



Synopsis

Grady Harp: Hall of Fame, Top 100 Reviewer, Vine Voice – “Stop thinking and start whizzing. – Movie Maker "Rik", Vine Voice Just terrific, and well priced! Tons of feel great recipes, but TWO of them are particularly outstanding! Read on! Nutribullet Recipe Book makes it so quick & easy to utilize all of the nutrients that natural foods have to offer in fresh, delicious & tasty smoothies. On the day you start using your Nutribullet you'll receive a huge boost to your body & wellbeing. The boost of vitamins, nutrients, minerals & antioxidants will start restoring you to your natural balance by cleansing & detoxing with the result being that you feel happier & more energetic than you've felt in a long time! As well as feeling amazing & so full of energy, you'll very soon notice the weight dropping off & your skin looking incredibly radiant. Furthermore, you'll find your that blood pressure & cholesterol levels will drop to optimum healthy levels. Your organ health, metabolism & immune system will all get that boost that you so much desire. It goes without saying that you'll have a longer, happier & healthy life. All of these benefits (& so much more) in the time it takes to throw a few ingredients into a big cup & with a quick & simple press of a button! Nutribullet smoothies are powerful because they extract every last drop of goodness that your raw & natural produce have to offer. You'll be shocked when you realise how much nutritional value you throw away by taking off the skin, stem & seeds from fruit & veg. Incidentally, this is a great way to get your kids to have their fruit and vegetables with all of the vitamins, minerals & nutrients they need in a very quick & delicious way. They may even enjoy making the smoothies themselves! Nutribullet Recipe Book concentrates on seven main areas of smoothie recipes: Healthy Heart Detoxification Weight Loss Radiant Skin Energy Boost Anti-Aging Super Foods The Nutribullet recipes include: Chia Seed Rainforest Smoothie Berry Breakfast Smoothie Flat Belly Smoothie Smoothie for Radiant Skin Shamrock Smoothie Antioxidant Anti-Aging Smoothie Raw Mint Chocolate Smoothie Bananarama Smoothie Take a step towards a longer, healthier & happier life. A life with more energy, more time & less weight. Your new radiance & that confidence awaits you. You won't regret buying the Nutribullet Recipe Book!

Book Information

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Customer Reviews

"Stop thinking and start whizzing." - Grady Harp: Hall of Fame, Top 100 Reviewer, Vine Voice "Just terrific, and well priced! Tons of feel great recipes, but TWO of them are particularly outstanding! Read on!" - Movie Maker "Rik", Vine Voice --This text refers to an alternate Paperback edition.

I had been drinking fruit and vegetable juices, for a long time. While juices did their job of providing me with good nutrients that are essential for the body, and while juices are good for easy absorption of the nutrients, they do not contain the fiber from the fruit or the vegetable, and I found that I wanted something more substantial and nutritious, but also easy and rapid to prepare. So, I decided that smoothies would be the answer; but not just any smoothie but smoothies made from the Nutribullet. I bought a Nutribullet and it does the job for me. One of the best things I liked about this blender is that it is compact and does not occupy much space, making it ideal for my kitchen; which is small and compact. Making smoothies with the Nutribullet is a quick and simple feat. What about washing the Nutribullet after I'm all done? It can be done in a jiffy, with no pulp or mess to deal with. Pretty sleek, don't you think? I simply love the Nutribullet, for it allows me to whip a healthy breakfast, packed full of nutrition, in a very short time. Washing the cup and blade is equally simple and fast and there is no waste as there is when juicing fruits and vegetables.

Paper back book, some black & white fotos, the only color ones are for the covers, simple reading (ingredients, directions, nutritional information), easy to follow recipes, every recipe is for the nutri-bullet. I like this book a lot. 99 pages. Compact book.

A great recipe book for my Nutribullet. I have tried a few of the recipes in the book and I thought they were really good. I would recommend this book to anyone.

I had so much fun trying out every recipe. Obviously you can add whatever you want to any recipe.

Ok but I suggest that you try it as it dictates. I have a few favorites that I will be drinking every day.

Some recipes does not make sense. Maybe it needs a good proofing.

Okay. Keep you from busting your Brian out for a recipe. But for me I had to do some modifications to the recipe.

"Very imaginative and useful."

I make fruit-veggie smoothies every morning, and these recipes are simple and delicious

Don't get much use out of it. I found a couple of recipes that I use repeatedly, but the others do not sound interesting. Depends on personal taste.

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